

NEST Faculty Quickstart Guide

A rapid-reference guide for faculty using the NEST Clinical Teaching Kit

1. **Share the NEST Cards with the learner.**

Let the learner choose a card they'd like to use during rounds. Review the learning objective and teaching prompts.

2. **Set Shared Expectations**

Briefly highlight the skill or exam element you will observe. Ensure the learner understands the focus.

3. **Observe the Learner**

Watch the learner do the skill.

4. **Prompt the Learner**

Use the prompt to guide critical thinking.

- Note strengths and growth areas.

5. **Engage in Reflection**

Ask the learner:

- "What is one thing you did well?"
- "What is one thing you would improve next time?"

6. **Provide Actionable Feedback**

Offer 1 strength and 1 specific improvement grounded in the observable behavior.

7. **Set a Micro-Goal**

The learner names one goal for the next patient encounter. You help make it concrete, specific, and achievable.